

CURRICULUM VITAE

Name : **DR ANUKUL CHANDRA KAR**

Surname : **KAR**

Father's name : Satyendra Nath Kar

Date of Birth : 18th July 1966.

Sex : Male

Marital status : Married

Nationality : Indian

Permanent Resiednce : Vill./Po: Sultanpur Via:Dehurda Dist:Balasore
Orissa- 756036, India. Tel: 91-6781-231347

Present Address (Office) : Dept. of Vikriti Vigyan, Faculty of Ayurveda
IMS, BHU, Varanasi- 221 005 (UP)
Tel: 09415381727, 91-452-2366020 (R)

Linguistic proficiency : English, Hindi, Bengali, Oriya

Current Position : **Professor, Dept. of Vikriti
Vigyan, IMS, BHU**

Educational Qualifications :

Qualification	Board/University	Year
Ph.D.(Ay.)	Banaras Hindu University, Varanasi	2000
MD (Ay.)	Banaras Hindu university, Varanasi	1995
CYP (Yoga)	Banaras Hindu university, Varanasi	1996
BAMS	Utkal University, Bhubaneswar	1991

Distinctions obtained:

Name of the subject	Name of the Examination
Kayachikitsa	Final BAMS
Shalakya	Final BAMS
Physiology & Biochemistry	MD (Ay.) Preliminary Part I
Nidan	MD (Ay.) Preliminary Part II

Title of Ph.D.Thesis : “A Conceptual & Microbiological study on Krimi Roga.”

Title of M.D.(Ay.) Thesis: “Aetiopathological study on Prameha (Diabetes Mellitus) and its management.

Teaching/Research Experience:

Name of the Post	Organization	Period
Lecturer	Dept. of Roga Nidan, Yashwant Ayurvedic Mahavidyalaya, Kodoli, Maharashtra	1st Sep. 1995-10th Apr.1996
Senior Resident in Vikriti Vigyan	Dept. of Kayachikitsa, Faculty of Ayurveda, Institute of Medical sciences, Banaras Hindu university, Varanasi	27th Apr.1996-7th Mar.1999
Research Officer (Ayurveda)	At various institutes of Central Council for Research in Ayurveda And Siddha (CCRAS), New Delhi	8th Mar.1999-16th Jan.2006
Assistant Director (Ayurveda)	Hqrs. Office, Central Council for Research in Ayurveda And Siddha (CCRAS), New Delhi	17th Jan. 2006-12th Jul.2007
Reader	Dept. of Vikriti Vigyan, Faculty of Ayurveda, Institute of Medical sciences, Banaras Hindu university, Varanasi	13th Jul. 2007-12th Jul.2010
Associate Professor	Dept. of Vikriti Vigyan, Faculty of Ayurveda, Institute of Medical sciences, Banaras Hindu university, Varanasi	13th Jul.2010- 12th Jul 2013
Professor	Dept. of Vikriti Vigyan, Faculty of Ayurveda, Institute of Medical sciences, Banaras Hindu university, Varanasi	13th Jul. 2013- Continuing

Administrative position held

Name of the Post	Organization	Period
Assistant Director (Ay.)	Hqrs. Office, Central Council for Research in Ayurveda And Siddha (CCRAS), New Delhi	17th Jan.2006-12th July 2007
Head of the Department	Dept. of Vikriti Vigyan, Faculty of Ayurveda, Institute of Medical sciences, Banaras Hindu university, Varanasi	8th Jan.2008-7th Jan.2011
Head of the Department	Dept. of Vikriti Vigyan, Faculty of Ayurveda, Institute of Medical sciences, Banaras Hindu university, Varanasi	8th Jan.2011-7th Jan. 2014
Professor In charge	Clinical Laboratory (IM), S S Hospital, Institute of Medical Sciences, BHU, Varanasi	Jan. 2014- May 2016

Head of Department	Dept. of Vikriti Vigyan, Faculty of Ayurveda, Institute of Medical sciences, Banaras Hindu university, Varanasi	Dec 2015- Dec 2018
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Contribution to Research in Ayurveda

- ◆ Coordinated the prestigious Golden Triangle Project (GTP) with ICMR & CSIR
- ◆ Automation of Panchakarma Instruments with IIT, New Delhi
- ◆ Multicentric Clinical trial of Oral Contraceptive drugs with AIIMS, PGI & JIPMER
- ◆ Clinical trial of Ayurvedic drug in Mental Retardation
- ◆ Revival and standardization of Taila Bindu Pariksha-an ancient technique to predict the prognosis of diseases
- ◆ Coordinated the project on Safety and toxicity study of Bhasmas with IPGT&RA, Jamnagar
- ◆ Clinical trial of Ayurvedic Preparation on weight lifters to enhance the performance in collaboration with the Indian Weight lifters federation, New Delhi and Sports Authority of India Complex, Bangalore
- ◆ Various clinical trials on the diseases like Amavata, Tamaka Shvasa, Grahani, Melasma, Parinamashula, Visama Jvara and Cracking foot etc.

Guidance to PG/Ph.D. Scholars

- ◆ Guided 10 MD (Ayurveda) Scholars and 07 (3-awarded, 4- continued) Ph.D. Scholars since 2007.

Acted as Expert Selection Committee

- ◆ Union Public Service Commission, New Delhi
- ◆ Chhatisgarh Public Service Commission, Raipur
- ◆ Uttarakhand Public Service Commission
- ◆ Rajasthan Public Service Commission
- ◆ All India Institute of Ayurveda, New Delhi
- ◆ Uttarakhand Ayurveda University, Dehradun
- ◆ Sampurnanand Sanskrit University, Varanasi

Acted as Member Selection Committee

- ◆ Selection of positions of Senior Research Fellow (Ayurveda), at CCRAS, CSIR (TKDL) Projects, New Delhi
- ◆ Selection of position of Senior residents in various Departments of Faculty of Ayurveda
- ◆ Selection of Teaching Posts of Department of Vikriti Vigyan, Faculty of Ayurveda, IMS, BHU, Varanasi

Chairman/Advisor of Various Academic and Policy making Bodies, Associations

- ◆ Departmental Policy and Planning Committee (PPC), Dept. of Vikriti Vigyan, Faculty of Ayurveda, , IMS, BHU, Varanasi

- ◆ Departmental Research Committee (DRC), Dept. of Vikriti Vigyan, Faculty of Ayurveda, , IMS, BHU, Varanasi
- ◆ Departmental Purchase Committee (DPC), Dept. of Vikriti Vigyan, Faculty of Ayurveda, , IMS, BHU, Varanasi
- ◆ Advisor in VAIDYAAN (Association of Ayurvedic Physician), Baleshwar, Odisha

Member in Various Academic and Policy making Bodies

- ◆ Academic Council, Banaras Hindu University, Varanasi
- ◆ Policy and Planning Committee (PPC) of Institute of Medical Sciences, BHU, Varanasi
- ◆ Policy and Planning Committee (PPC) of Faculty of Ayurveda, IMS, BHU, Varanasi
- ◆ Joint Board of Studies, Faculty of Ayurveda, IMS, BHU, Varanasi
- ◆ Convener, Board of Studies, Dept. of Vikriti Vigyan, Faculty of Ayurveda, IMS, BHU, Varanasi
- ◆ Convener, Board of Examiners, Dept. of Vikriti Vigyan, Faculty of Ayurveda, IMS, BHU, Varanasi

Member Editorial Board/Reviewer in Journals

- ◆ STM Journal (Journal of AYUSH), Noida
- ◆ AYU, International Quarterly Journal, IPGT&RA, Jamnagar
- ◆ JRAS, CCRAS, New Delhi
- ◆ Senior Editor, International Journal of Ayurveda, Yoga, Unani, Siddha and Homoeopathy

Examinership/Question setter (External/Internal) in Undergraduate, Postgraduate and Ph.D

- ◆ Banaras Hindu University, Varanasi
- ◆ Sampurnanand Sanskrit University, Varanasi
- ◆ Dr. Sarvapalli Radhakrishnan Rajasthan Ayurveda University, Jodhpur
- ◆ Gujarat Ayurveda University, Jamnagar
- ◆ Guru Ravidas Ayurveda University, Punjab
- ◆ Utkal University, Odisha
- ◆ Sambalpur University, Odisha
- ◆ Berhampur University, Odisha
- ◆ Kanpur University, Kanpur
- ◆ Guahati University, Guwahati
- ◆ West Bengal University of Health Sciences, Kolkata
- ◆ Maharastra University of Health Sciences, Nashik
- ◆ Himachal Pradesh University, Shimla
- ◆ Avadhesh Pratap Viswavidyalaya, Rewa
- ◆ Kameshwar Singh Sanskrit University, Darbhanga
- ◆ Devi Ahilya Vishwavidyalaya, Indore
- ◆ Shivaji University, Kohapur

Life membership/Advisor in various Associations

- ◆ All India Ayurveda Mahasammelan, New Delhi
- ◆ Association of Ayurveda physicians of India (AAPI)
- ◆ Mahamana Malviya Foundation, Varanasi
- ◆ VAIDYAAN (Association of Aurvedic Physician), Baleshwar
- ◆ Voice of Ayurveda
- ◆ Vishva Ayurveda Parishad

Publications:

Scientific Article: 102

Monograph/Chapter in books: 08

Book Parasitology in Ayurveda : 01

Edited book: Gambhira Vyadhi Nidan Chikitsa: 01

Conferences/Workshops/Seminars: (Presentation/Participation)

International: 13

National: -60

Lectures delivered as Resource Person

- ◆ Delivered lecture on “Commonly available medicinal plants in Tripura and its use in common diseases” at Agartala on the occasion of C M E Programme for Ayurvedic doctors during March 2005
- ◆ Delivered speech on “Advances in Ayurvedic Research- A CCRAS Research Profile” at Chandigarh on the occasion of a Hi-tech Seminar on “Ayurveda in 21st Century: Introspection & Prospectus” organized by Desh Bhagat Ayurvedic College & Hospital, Mandi Govindgarh on 16th October 2005.
- ◆ Delivered Key note address on “Quality assurance of ISM Drugs” on the occasion of 2nd National Seminar on “Ayurveda in 21st Century: Introspection & Prospectus” organized by Desh Bhagat Ayurvedic College & Hospital, Mandi Govindgarh on 27-28th October 2006.
- ◆ Delivered a lecture on musculoskeletal diseases in the elderly on the occasion of State Campaign on Geriatric Health Care through Ayurveda at Kolkata organized by Directorate (Ayurveda) of Health Services, West Bengal. on 15th December 2008.
- ◆ Delivered two lectures on IHD and Hypertension in CME organized by Gopabandhu Ayurveda Mahavidyalaya Puri sponsored by Dept. of AYUSH, Ministry of Health & Family Welfare, Govt. of India on 21st March 2009.
- ◆ Delivered lectures in the Workshop organized by CSTT, Ministry of HRD, New Delhi at Bhubaneswar during 25th -27th March, 2009.
- ◆ Delivered lectures in Workshop on Developing Guidelines for Clinical Research in Ayurveda during 28th-30th Nov. 2009 at IPGT & RA, Jamnagar, Gujarat Ayurveda University, Jamnagar
- ◆ Delivered lecture in National Campaign on Geriatrics at Kukatsar, Punjab organized by National Institute of Pharmaceutical Research in Ayurveda, Patiala on 16th Dec. 2009.

- ◆ Delivered two lectures in CME organized by SRM Ayurveda College, Bareilly on 23rd Dec. 2009.
- ◆ Delivered lecture in District level campaign on Geriatrics at Buxar organized by CRI(Ay.), Patna on 11th January 2010.
- ◆ Delivered lecture in 4th National Seminar Ayurveda in 21st Century: introspection & Prospects organized by Desh Bhagat Ayurvedic College & Hospital, Mandi Govindgarh on 18th -19th Dec. 2010 sponsored by dept. of AYUSH, Govt. of India
- ◆ Delivered a lecture in National Seminar on Sushruta organized by Academy of Yoga and Oriental Studies, Bhubaneswar in collaboration of CSTT, Ministry of HRD, Govt. of India on 25th Dec. 2010.
- ◆ Delivered guest lecture in CME on Mutra Roga on 20th February 2011 organized by Dept of Shalya Tantra, BHU.
- ◆ Delivered two lectures in RoTP in Roga Nidan organized by Govt. Ayurveda College, Indore on 9th March 2011.
- ◆ Delivered lecture in RoTP in Swasthavritta at Stae Ayurveda College, Varanasi on 6th May 2011.
- ◆ Delivered two lectures in CME on Roga Nidan at Tilak Ayurveda Mahavidyalaya Pune on 6th March 2012 sponsored by Dept of AYUSH.
- ◆ Delivered a talk on Communicable diseases in the Assembly session at Delhi Public School, Varanasi on 8th August 2012.

Participated as a member in various Committees of Govt. of India/University

- ◆ Member in Project Evaluation Committee for evaluation of the project sanctioned by Dept. of AYUSH and Dept. of Family Welfare, Govt. of India.
- ◆ Member Screening Committee of CCRAS for screening and short listing of applications for various posts of Council.
- ◆ Member Inspection team of Dept. of AYUSH for inspecting newly opened Ayurveda colleges.
- ◆ Convener Inspection team of Dept of AYUSH for inspecting the Private AYUSH hospitals for recognition for the Central Govt. Employees under CS (MA) rules.
- ◆ Coordinator for implementation of Environmental studies in BAMS in Faculty of Ayurveda, BHU
- ◆ Member in the committee for preparing guidelines for awarding of points for publications in various journals for scrutiny of applications for various Faculty positions in Faculty of Ayurveda, BHU
- ◆ Member, DST- PURSE Implementation group, Faculty of Ayurveda, BHU
- ◆ Member in Committee (to suggest amendment in recruitment procedure) for finalization of Application form/API and Quality Score Card of BHU
- ◆ Member, Admission Committee for Post Graduate Course of Faculty of Ayurveda, BHU
- ◆ Member, Admission Committee for Special Course in PG Diploma in Panchakarma, BHU
- ◆ Member, Board of Examiners in Part-B of Research Entrance Test-2012 of Dept of Kaumarbhritya-Balrog, BHU
- ◆ Co-Teacher In charge, Post Graduate Entrance Test-2012, Faculty of Ayurveda, BHU

- ◆ Coordinator, Board of Examiners of Research Entrance Test-2012, 2017 of Dept of Vikriti Vigyan, BHU

Coordinator/Organizing Secretary/Chairman

1. Coordinated and Conducted 6 days Re-orientation Training Programme in Roga Nidana for Teachers from 31st August-5th September 2009 sponsored by Dept. of AYUSH, Ministry of Health & Family Welfare, Govt. of India
2. Workshop on “Technical Terminology on Roga Nidan” Sponsored by CSTT, Ministry of HRD, Govt. of India, New Delhi from 1st February-3rd February, 2010.
3. Programme Coordinator 6 days Re-orientation Training Programme on Geriatrics for Teachers from 15th -20th February, 2010 sponsored by Dept. of AYUSH, Ministry of Health & Family Welfare, Govt. of India
4. Programme Coordinator for implementation of Environmental studies in the Faculty for the Under Graduate students
5. Chairman, Workshop on Personality Development 2016, organized by Dept. of Vikriti Vigyan in association with Vishwa Ayurved Parishad, Varanasi
6. Chairman, Workshop on personality Development 2018, organized by Dept. of Vikriti Vigyan in association with Vishwa Ayurved Parishad, Varanasi
7. Coordinator, Workshop on skill development in Laboratory Attendant and Panchakarma massages organized by Faculty of Ayurveda, July 11-17, 2018

(Dr.A.C.Kar)